

## Anti-Aging

*Below are recommendations to help your body achieve and maintain optimal health. Please seek the advice of a qualified medical professional before introducing any recommendations into your current regimen. If you take any medications or other supplements, ask your health care provider about possible interactions before taking any PURE products.*

NOTE: PURE Products should be taken at least 1 hour before or after prescription medications.

❖ **ALL** Core and Daily Basics Products are recommended for general health purposes.

**Core:** Liquid or Capsule Cleanse, Go-Yin, Daily Build.

**Daily Basics:** Alkaline Water, Mila, Probiotic, Greens, Sulfur, and CalciuMK+.

**The following products are recommended for Anti-Aging:**

### **Core:**

- **Liquid or Capsule Cleanse** – Helps promote healthy bowel motility and elimination of toxins.
- **Go-Yin** – Contains a proprietary blend of superfruits, herbs, and other fruits that have been traditionally used to help bring the body into balance and enhance overall well-being.
- **Daily Build** - A liquid multivitamin, such as Daily Build, may help fill the gaps in our diets caused by poor eating habits or depleted food sources. Daily Build contains eight carefully crafted PURE blends including superfruits, greens, sea vegetables and botanicals, and is designed to provide you with the vitamins, minerals, trace minerals, amino acids and other important nutrients your body needs. One serving of Daily Build delivers 23 essential vitamins

and minerals, which offer a unique role in maintaining health. Postmenopausal women may benefit from a vitamin D and calcium supplement as these may reduce the risk of fractures and increase bone strength.

### **Daily Basics:**

- **Probiotic** - Promotes healthy digestive flora, healthy immune function. Targets both the upper and lower GI tract.
- **CalciuMK+** - Calcium is essential in the human body for building strong bones and facilitating healthy communication between the brain and certain parts of the body. The body also uses calcium to help blood vessels and muscles contract and expand to secrete hormones and send messages through the nervous system.
- **Organic Sulfur** – Sulfur may help with swelling and pain in connective tissues and joints. Sulfur may also help support the making of collagen, the main supportive protein of tendons, cartilage, connective tissue, and bone. Sulfur also may improve flexibility and mobility by promoting joint function and health. May help promote healthy hair, skin, and nails.

### **Support:**

- **Noni** - Noni is high in polyphenols, minerals, and other nutritious compounds, including vitamin C and potassium. Vitamin C is an important antioxidant that is necessary for growth and development and is required to produce collagen, a protein that helps firm the skin. Traditionally used to promote healthy living and minimize fatigue.
- **Acai** – Acai is known as the “Beauty Berry”! This super fruit is high in antioxidants, which protect the body from free radicals and play a vital roll in anti-aging. This fruit naturally provides omega fatty acids.
- **Mangosteen** – Mangosteen contains antioxidants xanthones , which nay support healthy joint function. They may also enhance the body’s natural defenses by enhancing the immune system.

- **Goji** – Goji, also known as the “happy berry”, is high in antioxidants which play a vital roll in anti-aging. Rich in carotenoids lutein and zeaxanthin, which may enhance high eye health.
- **Alkaline Water** - Alkaline Water Concentrate helps increase the pH levels and reduce the oxidative potential of the water you drink, which is important to efficiently hydrate cells for optimal function.
- **GPS Hydrate** - This formula quenches thirst by supporting rehydration of the body and includes a blend of amino acids, carbohydrates, and B- vitamins.
- **GPS Adapt** – May help body adapt to physical stressors. Moomiyo has traditionally been used as an adaptogen and rejuvenating tonic.
- **GPS Circulate** - L-arginine is an amino acid involved in many physiological functions and helps support maintaining lean muscle mass. Supports nitric oxide, which may help circulation and blood flow.
- **Ciello Advanced Skincare with AirCloud Technology-** This advanced complex is formulated with a highly enriched, scientifically proven peptide-and-botanical blend that improves skin texture and restores radiance for a more vibrant, youthful appearance. A unique airbrush technology delivers peptides in a fine mist that is readily absorbed by the skin.

\*The statements above have not been evaluated by the Food and Drug Administration. PURE products are not intended to diagnose, treat, cure, or prevent any disease. Individual results may vary.